

Week 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Macaroni Cheese & Baked Beans	Sausage Meat Toad in The Hole, Mash potato, Sweetcorn & Carrots & gravy	Sweet and Sour Chicken & Rice	Beef Pie with Mini Roast Potatoes, Broccoli & Cauliflower & gravy	Tuna Pasta Bake and Mixed Veg
Allergen	G M	G E M SY SU		G SY	G F M CE MU
Dessert	Jam Sponge	Yoghurt	Apple Crumble & Custard	Orange & mango	Melon and Apple
Allergen	G E	M	G M		
Tea	Sandwiches, salad and crisps	Ham and cheese melts	Spaghetti on toast	Hot dogs and salad	Crackers and cheese platter
Allergen	G SY	G M	G SY M	G SY	G
Dessert	Yoghurt	Iced sponge	Jelly	Fruit cocktail	Apple and Orange
Allergen	M	G E			

W/C 20/09 25/10 29/11 10/1 21/02 28/03

Week 2					
Lunch	Homemade Meat Loaf, with Diced potato & carrots & Gravy	Chicken Curry, wholemeal Rice & peas	Tuna fishcake, Peas & Sweetcorn	Oriental Chicken with Stir Fry Vegetable & Noodles	Quorn bolognaise, pasta & Mixed Vegetable
Allergen	G SY	MU	F	G E F SY	G E
Dessert	Banana & Custard	Lemon Sponge	Pineapple and Melon	Apple & Blackcurrant Oat Crunch and custard	Orange and Pear
Allergen	M	G E		G M	
Tea	Hot dogs and salad	Spaghetti on toast	Mixed Sandwiches crisps and salad sticks	Crackers and cheese platter	Ham and cheese melts
Allergen	G SY	G SY	G SY M	G SY	M
Dessert	Buns	Orange and banana	Yoghurt	Jelly	Ice cream roll
Allergen		G	M		G E M

W/C 27/09 1/11 06/12 17/01 28/2

Week 3					
Lunch	Chilli Con Carne, Rice & peas	Fish Fingers, Mash Potato, & baked beans	Creamy Vegetable Carbonara	Sausage Casserole, Mash, Mixed Vegetables	Roast Chicken, Potatoes, Yorkshire, Sprouts, Carrots & gravy
Allergen	G	G F	G M	G SU	G E M SY
Dessert	Fruit Crumble & Custard	Apple & Orange	Eves Pudding and custard	Banana & Melon	Yoghurt
Allergen	G M		G E M		M
Tea	Spaghetti on toast	Sandwiches, crisps and salad sticks	Crackers and cheese platter	Ham and cheese melts	Hot dogs and salad
Allergen	G SY	G SY M	G	G M	G SY
Dessert	Orange and Pear	Cookies	Yoghurt	Buns	Jelly
Allergen		G	M	G E	

W/C 04/10 08/11 13/12 24/1 07/3

Week 4					
Lunch	Tuna Pasta Bake, Peas & Sweetcorn	Chicken Casserole, Mashed Potatoes & Mixed Vegetables	Spaghetti Bolognaise and Mixed Veg	Cheese and Potato Pie and Baked Beans	Mince Beef Stew & Dumplings, Mash Potatoes, Cauliflower & Broccoli & gravy
Allergen	G F M CE MU	SY	G	M	G M
Dessert	Yoghurt	Apple and pear	Rice Pudding	Apple Cake & Custard	Melon and pineapple
Allergen	M		M	E M	
Tea	Ham and cheese melts	Crackers and cheese platter	Spaghetti on toast	Crumpets and pancakes	Sandwiches, salad and crisps
Allergen	G M	G SY	G SY M	G	G SY M
Dessert	Fruit cocktail	Yoghurt	Banana and peaches	Melon and pear	Flapjack
Allergen		M			G

W/C 11/10 15/11 20/12 07/2 14/03

Week 5					
Lunch	Chicken Curry & Rice & peas	Vegetable & Tomato Pasta Bake	Cottage Pie, Broccoli & Carrots	Fish fingers Mash with Sweetcorn	Sausage & Onion Pie, chips, Peas & Gravy
Allergen	MU	G	SY	F G	G SY M SU
Dessert	Melon and Apple	Pineapple Upside Down Cake	Yoghurt	Cherry Oat Crunch	Apple & Pear
Allergen		G E	M	G	
Tea	Crackers and cheese platter	Crumpets and pancakes	Cheese & Ham Melts & Salad	Sandwiches, salad & Crisps	beans on Toast
Allergen	G M	G	G M	G M SY	G SY
Dessert	Buns	Apple and pear	Fruit Cocktail	Yoghurt	Fork biscuits
Allergen	G E		M		
W/C18/10 22/11 03/1 14/02 21/03					

- Allergens key = **GLUTEN – G**, **EGG –E**, **FISH –F**, **NUTS – N**, **PEANUTS –PN**, **SOYA – SY**, **MILK – M**, **CELERY – CE**, **MUSTARD – MU**, **SESAME – SE**, **SULPHITES – SU**, **LUPIN – LU**, **SHELL FISH – SF** (Crustaceans and Molluscs)